

# Sunday between 25 September and 1 October (Proper 26)

## Psalm 124

♩ = 104

Our help is from the Lord, who made heav'n and earth.

*D.C.*

If the Lord had not been on our side, let Israel now · **say**;  
If the Lord had not been on our side, when enemies rose up a·-**gainst us**;  
Then would they have swallowed us up a·-**live**  
in their fierce anger · **toward** us;

Then would the waters have overwhelmed us, and the torrent gone · **over us**;  
Then would the raging waters have gone right · **over us**.  
Blessed be the · **Lord!**  
he has not given us over to be a prey for · **their** teeth.

We have escaped like a bird from the snare of the · **fowler**;  
the snare is broken, and we have es·-**caped**.  
Our help is in the name of the · **Lord**,  
the maker of heaven · **and** earth.