

Sunday between 16 October and 22 October (Proper 29-T)

♩. = 48

Psalm 121

My help comes from the mak - er of heav'n and earth.

D.C.

I lift up my eyes to the · **hills**;
from where is my help to · **come**?
My help comes from the · **Lord**,
the maker of heaven and · **earth**.

He will not let your foot be · **moved**
and he who watches over you will not fall a · **-sleep**.
Behold, he who keeps watch over · **Israel**
shall neither slumber nor · **sleep**;

The Lord himself watches · **over you**;
the Lord is your shade at your right · **hand**,
So that the sun shall not strike you by · **day**,
nor the moon by · **night**.

The Lord shall preserve you from all · **evil**;
it is he who shall keep you · **safe**.
The Lord shall watch over your going out and your coming · **in**,
from this time forth for ever · **-more**.